

# What are Muslim women saying?

™It allows me to realize my goals by having a career and going to school without worrying about the prying eyes of men. It forces people not to judge me based on my appearance, but on my thoughts and character.

Ms. Flavia, 22, USA

™it's a modesty more than covering one's body. It is a modesty of ones' thoughts and action. I do not wear it for anyone but for my creator.

Aaliya , 25 USA

## **The hijab is an act of obedience.**

It is a commandment written in the Quran for Muslim women.

For those who sincerely wear the Hijab with the right intention, it becomes a form of empowerment.

It becomes a sense of pride that is derived from following the creator's commands.

It becomes a means of saying: I am a slave to my creator and I am willing to follow his commands. I am proud to wear it.

– If you want to know more about hijab, ask a Muslim!

please pay us a visit at:

**580 Riverview DR  
Columbus, OH, 43202**

or you can also go to our website:

[www.ask-a-muslim.com](http://www.ask-a-muslim.com)

# The Hijab

## Modesty and empowerment



# What is the Hijab?

Hijab is an Arabic word meaning "to conceal or cover"

In Islam Hijab refers to the female dress code required for Muslim women who have reached puberty.

Hijab is only a requirement when there are non-relative men around who can see you. Hijab is not necessary when there are only females and certain male relatives present.

Hijab is not just about the covering, it is also about noble and proper speech, modesty and good conduct.

Men also have a dress code. They are to wear loose clothing and maintain their modesty and dignity.

The Hijab consists of covering the entire body aside from the hands and face. It should also not be transparent or tight.

# Why wear Hijab?

It is a requirement for women as the verse in the Quran says:

*"Tell the Believing women to draw their outer garments around them." [when they go out or are with men]*

Quran 33:39

It has many other benefits like making women stand alone as a dignified and honorable human being, and not as an object of male chauvinism.

Also it is a form of protection and self expression. It protects from the dangers of the sick and lustful, and it identifies the person wearing it clearly as a Muslim. Telling everyone about her beliefs, not conforming to the trends and social norms.

# The Hijab is NOT:

To hinder women's contribution to society.

A symbol of oppression.

Required in places where there are only females and close male relatives.

A sign of female inferiority to men.

A means to restrict a woman's freedom to express her views and opinions.

A means to restrict women from pursuing an education or a suitable career.

A portable prison.

An act of defiance, confrontation or protest against non-Muslims.

Something new – it has been practiced by many righteous women historically, and in older religions.

Against community values (community values necessitate that people should not be judged by what they wear, nor discriminated against or mistreated, based on their choice of clothing or appearance).

Worn with the intention of being intimidating or anti-social.